

Antioxidant and Antidiabetic from *Rhizophora mucronata* Derived from Sambera Beach, East Kalimantan, Indonesia

by Usman Usman

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**Antioxidant and Antidiabetic from *Rhizophora mucronata* Derived from Sambera Beach, East Kalimantan, Indonesia**Usman Usman^{1*}, Muh. Amir Masruhim¹, Pintaka Kusumaningtyas¹, Erwin Erwin², Dewi E. Bulan³¹Master Study Program of Ministry Education, Faculty of Teacher Training and Education, Mulawarman University, Samarinda, East Kalimantan, Indonesia²Department of Chemistry, Faculty of Mathematics and Natural Sciences, Mulawarman University, Samarinda, East Kalimantan, Indonesia³Department of Aquatic Resource Management, Faculty of Fisheries and Marine Sciences, Mulawarman University, Samarinda, East Kalimantan, Indonesia

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ABSTRACT

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This study aims to evaluate the bioactive compounds, antioxidant, and antidiabetic properties of methanol, dichloromethane, and ethyl acetate extracts of *Rhizophora mucronata* mangrove leaves. The *R. mucronata* leaf samples (1 kg) were extracted with methanol, followed by liquid-liquid partition extraction with dichloromethane, and finally ethyl acetate solvent. The extraction procedure was repeated three times for one 24-hour period. The phytochemical content of the three extracts was determined using the color test method, followed by an antioxidant activity test using the DPPH (1,1-diphenyl-2-picrylhydrazyl) method, and an Oral Glucose Tolerance Test (OGTT) to detect antidiabetic activity. The phytochemical contents of methanol, dichloromethane, and ethyl acetate extracts of *R. mucronata* mangrove leaves are alkaloids, flavonoids, phenolic compounds, triterpenoids, steroids, saponins, and tannins. The antioxidant activity of the ethyl acetate extract is categorized as extremely strong, with an IC₅₀ value of 34.64 ppm. In addition, the ethyl acetate extracts reduced blood glucose levels in mice by 57.64% after 24 hours. The mangrove plant *R. mucronata* from the Sambera beach, particularly the ethyl acetate extract, has the potential to be developed as a natural antioxidant and alternative anti-diabetic medicine.

Keywords: DPPH scavenging activity, Mangrove Plants, Oral glucose tolerance test, Phytochemical screening

Introduction

The mangrove forest in Indonesia is one of the largest mangrove forest areas in the world.¹ Therefore, researchers in the field of natural organic chemistry and herbal medicine are interested in learning more about how mangrove forests might be used as a source of antibiotics. In recent years, the demand for herbal medicine by people with diabetes has increased, along with the increasing amount of diabetes in Indonesia. Data from the International Diabetes Federation (IDF) shows that the amount of diabetes in Indonesia in 2019 was estimated to reach 10.7 million people. By 2045, it is expected to increase to 16.7 million people.² Therefore, research towards a diabetic cure is still ongoing.

The mangrove plant is a type of plant that is widely used by the community as a traditional medicine to cure various diseases. These diseases include diarrhea, malaria, smallpox, asthma, diabetes, fever, swelling, rheumatism, skin diseases, hepatitis, diuretics, leprosy, antitumor, leukemia, anticancer, antiviral, and mumps.³⁻⁵ Parts of mangrove plants that are utilized as medicinal materials are root tissue, stem wood, bark, leaves, twigs, flowers, and fruits.^{6,7}

*Corresponding author. E mail: sainusman@gmail.com
Tel: +62 813-4710-5831

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Mangrove plants are rich in secondary metabolites such as alkaloids, polyphenols, flavonoids, tannins, saponins, triterpenes, anthraquinones, catechins, glucose, proteins, steroids, phenolic compounds, and glycosides that have antioxidant and antidiabetic activities. These mangrove plant species include *Avicennia marina*, *Acanthus ilicifolius*, *Ceriops tagal*, *Rhizophora mucronata*, *Rhizophora apiculata*, *Sonneratia alba*, *Sonneratia caseolaris*, *Xylocarpus granatum*, and *Nypa fruticans*.⁸⁻¹⁰ There has been very little study of the bioactivity of the mangrove species, *R. mucronata* from Sambera Beach in East Kalimantan, Indonesia. Therefore, it is important to investigate the potential of this species in order to identify the bioactive compounds with antioxidant and antidiabetic activities, which can subsequently be developed as natural herbal medicines.

The present study was therefore conducted to investigate the antioxidant and antidiabetic potentials of the active chemical compounds from *Rhizophora mucronata* obtained from Sambera Beach, East Kalimantan, Indonesia.

Materials and Methods*Equipment and Reagents*

This equipment used in this research includes digital analytical balance (XPR106DUHQ), rotary evaporator (RE301A-W, Yamato Scientific Co.Ltd.Japan), vortex (Labnet Vortex Mixer VX-200), incubator (Memmert Incubator I IN 55 PLUS), pH meter (Lutron PH-208), and UV-Vis spectrophotometer (Shimadzu UV-Vis UV-1280). The reagents for phytochemical testing (alkaloids, flavonoids, phenolic compounds, steroids, triterpenoids, tannins, and saponins), methanol, dichloromethane, ethyl acetate, H₂SO₄, and FeCl₃ were purchased by Merck (Darmstadt, Germany). CMC-Na and 1,1-diphenyl-2-picrylhydrazyl were supplied by Sigma Aldrich (USA). Glibenclamide 5 mg as a test drug was produced by PT. First Medipharma (Sidoarjo, Indonesia).

Sample Collection and preparation

The leaves of *R. mucronata* were collected in February 2022 from Sambera Beach (0°14'44.8"S, 117°25'00.6"E), East Kalimantan, Indonesia (Figure 1). The mangrove leaves were rinsed under running water to remove dirt attached to the leaves and then cut into small pieces. The dried samples were separated and then pulverized into fine powder with a size of 90 mesh. The mangrove leaf powder was prepared to be used for the subsequent procedures.

Extraction

About 1 kg of *R. mucronata* mangrove leaf powder was extracted by maceration method and filtered every 24 hours three times using 70% methanol solvent (powder and solvent ratio of 1:10). The methanol extract obtained was combined and then the solvent was evaporated with a rotary evaporator at 40°C at 1 atm pressure, until a thick blackish green methanol extract was obtained. Dichloromethane and ethyl acetate were used to extract a portion of the methanol extract by liquid-liquid partition. Furthermore, the methanol, dichloromethane, and ethyl acetate extracts were prepared for the phytochemical, antioxidant, and antidiabetic analysis.

Phytochemical Test

Phytochemical screening of methanol, dichloromethane, and ethyl acetate extracts was carried out qualitatively using modified standard procedures. Alkaloids, flavonoids, phenolics, steroids, triterpenoids, tannins, and saponins were the phytochemicals that were identified.¹¹⁻¹³

Antioxidant test

The antioxidant activity of the methanol, dichloromethane, and ethyl acetate extracts of *R. mucronata* leaf extracts and vitamin C (standard drug) were evaluated *in vitro* using the DPPH (1,1-diphenyl-2-picrylhydrazyl) method following the procedure described by Senhaji *et al.* with slight modifications.¹⁴ An aliquot of 2 mL of each of methanol, dichloromethane, or ethyl acetate extract was made in four concentrations (20, 40, 60, and 80 ppm), while vitamin C was prepared in concentrations of 2, 4, 6, and 8 ppm. All samples were mixed continuously with 2 ml of DPPH (50 ppm) solution. After being incubated for 30 minutes in the dark at room temperature, the absorbance of the three extracts and vitamin C were measured using a UV-Vis spectrophotometer at a wavelength of 517 nm.¹⁴ The percentage of antioxidant activity or the percentage of DPPH inhibition of the methanol, dichloromethane, and ethyl acetate extracts and vitamin C were calculated using the following formula presented in Equation 1.

$$\text{DPPH \% inhibition} = \frac{\text{Absorbance of Control} - \text{Absorbance of Sample}}{\text{Absorbance of Control}} \times 100\% \quad (1)$$

Then a linear regression curve was made by plotting the percentage data of DPPH inhibition against the concentrations of the three extracts as well as the concentration of vitamin C. The IC₅₀ value (as an indicator of antioxidant activity) of the methanol, dichloromethane, and ethyl acetate extracts and vitamin C was calculated using the regression equation of the linear regression curve obtained.¹⁵

Antidiabetic test

The antidiabetic activity of the various extracts was evaluated using the oral glucose tolerance test (OGTT) method. The mice used were male mice with a body weight of 150-200 grams and were divided into 5 groups, each group consisting of 5 mice. Before treatment, all mice were fasted for 18 hours, and blood samples were taken from a vein in the tail of the mice using a glucometer to determine fasting/initial blood glucose levels. Then all groups were given 50% glucose monohydrate solution orally, except for the negative control group. After induction of glucose monohydrate for 180 minutes, the mice's blood glucose levels were measured again and mice that were already hyperglycemic (blood glucose level > 200 mg/dl) were selected as treatment samples. The mice in Group 1 (negative control) received 1% CMC-Na (Sodium-Carboxymethyl Cellulose) suspension. Group 2 (positive control) was the group of mice that were given glibenclamide suspension at a dose of 10 mg/kg BW. A 300 mg/kg BW methanol extract of mangrove

leaves was administered to group 3 (D1) mice. In Group (D2), mice were treated with methanol extract of mangrove leaves at a dose of 600 mg/kg body weight, and in Group (D3), mice were treated with methanol extract of mangrove leaves at a dose of 1,200 mg/kg body weight. The same thing also applies to treatments using dichloromethane and ethyl acetate. Measurement of blood glucose levels in mice was carried out after the treatment group (negative control, positive control, methanol extract, dichloromethane, and ethyl acetate extract of mangrove *R. mucronata* leaves) at 8, 16, and 24 hours to determine the decrease in blood glucose levels in mice. Furthermore, the percentage of decrease in blood glucose levels of mice was calculated using the following formula equation 2.¹⁶

$$\text{DBGL} = \frac{\text{Glucose level after (IGM)}}{\text{Final blood glucose level}} \times 100\% \quad (2)$$

% DBGL is the percentage decrease in blood glucose level and IGM is the induction of glucose monohydrate.



Figure 1: Location of *R. mucronata* sampling in Sambera beach, East Kalimantan, Indonesia (www.coordinatesmarker.com)

Results and Discussion

Phytochemical analysis

The results (Table 1) of the phytochemical screening of the methanol, dichloromethane, and ethyl acetate extracts of the mangrove leaves of *R. mucronata* showed the presence of secondary metabolites, such as alkaloids, flavonoids, phenolics, steroids, triterpenoids, tannins, and saponins. The results of the phytochemical analysis as presented in Table 1 showed that the methanol *R. mucronata* leaf extract contained alkaloids, flavonoids, triterpenoids, and saponins. Meanwhile, the dichloromethane extract contained flavonoids, steroids, and tannins, while the ethyl acetate extract contained phytochemicals, such as alkaloids, flavonoids, phenolics, triterpenoids, tannins, and saponins. Previous researchers have reported that *R. mucronata* mangrove leaf extracts contain phenolics, flavonoids, tannins, saponins, terpenoids, dihydro flavonols, caffeic acid, vanillic acid, p-hydroxybenzoic acid, alkaloids, coumarins, quinones, resins, phytosterols, xanthoprotins, pigments (chlorophyll and carotenoids), and glucose.¹⁷⁻²⁰ The other research by Bulan *et al* 2022²¹ revealed that the methanol extract of mangrove leaves of *R. mucronata*, *R. stylosa*, and *R. apiculata* contains compounds such as alkaloids, cardiac glycosides, saponins, phenolics, tannins, steroids, and terpenoids. Meanwhile ethyl acetate extracts of the third mangrove leaf species (*R. mucronata*, *R. stylosa*, and *R. apiculata*) contained compounds such as alkaloids, cardiac glycosides, saponins, phenolics, flavonoids, tannins, steroids, and terpenoids.²¹ Phytochemical analysis of five mangrove leaf species, mainly *Bruguiera cylindrica*, *Aegiceras corniculatum*, *Acrostichum aureum*, *Avicennia alba*, and *R. mucronata*, all contain secondary metabolites, such as flavonoids, saponins, terpenoids, steroids, phenolics, tannins, and anthraquinones.^{22,23}

Antioxidant Activity of *Rhizophora mucronata*

This study used the DPPH method to assess the antioxidant activity of methanol, dichloromethane, and ethyl acetate extracts of *R. mucronata* mangrove leaves, and vitamin C (standard drug). The concentrations of methanol, dichloromethane, and ethyl acetate extracts of *R. mucronata* mangrove leaves and vitamin C were then plotted against the percentage of DPPH inhibition (Figure 2). The antioxidant activity of compounds or extracts is usually expressed by the IC₅₀ value. A linear regression

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equation can be used to determine the IC_{50} , which is the concentration of antioxidant compounds required to reduce DPPH radicals by 50%. The IC_{50} describes the relationship between extract/compound concentration and the degree of inhibition. The lower the IC_{50} value obtained, the stronger the antioxidant activity of the compound.²⁴ Antioxidant activity is classified as very strong in extracts with IC_{50} values <50 ppm, strong in extracts with IC_{50} values of 50 to 100 ppm, moderate in extracts with IC_{50} values of 100 to 150 ppm, weak in extracts with IC_{50} values of 150 to 200 ppm, and inactive in extracts with IC_{50} values of >200 ppm.²⁵

The results of the calculation of IC_{50} values for methanol, dichloromethane, and ethyl acetate mangrove extracts of *R. mucronata* and vitamin C (standard drug) are presented in Table 3. The antioxidant activity properties of vitamin C and ethyl acetate extracts are in the very strong category, with IC_{50} values of 5.41 and 34.64 ppm, respectively, while the antioxidant activity properties of the *R. mucronata* mangrove dichloromethane leaf extract are in the strong category, with an IC_{50} value of 93.25 ppm. Meanwhile, the antioxidant activity of methanol extract is included in the medium category with an IC_{50} value of 100.64 ppm. Ethyl acetate and methanol extracts of *R. mucronata*, *R. stylosa*, and *R. apiculata* have been reported to show strong DPPH scavenging activity.²⁵ The activity is due to the presence of phytochemical compounds contained in the three mangrove plant species. Therefore, the three *Rhizophora* species can be developed as natural antioxidants.²¹ The difference in antioxidant activity of the three *R. mucronata* mangrove leaf extracts is due to differences in the composition of chemically active compounds that each extract possesses. Differences in the composition of these active compounds can provide synergistic effects between compounds resulting in increased antioxidant activity. Active chemical compounds such as phenolics, flavonoids, anthocyanins, tannins, and other phenolic compounds contained in the extract are directly linked to antioxidant activity.^{16,26}

Secondary metabolites contained in mangrove species of *R. mucronata* include alkaloids, flavonoids, phenolics, steroids, tannins, and terpenoids that show strong antioxidant properties.^{27,28} It has been reported that the methanol extract of mangrove leaves of *R. mucronata* showed strong antioxidant activity with an IC_{50} value of 47.39 ± 0.43 μ M/mL. The presence of flavonoid compounds, such as catechins in the methanol extract of *R. mucronata* mangrove leaves is thought to be responsible for cholinesterase inhibitory and antioxidant activity.²⁹ Chlorophyll a, chlorophyll b, beta-carotene, lutein, neoxanthin, pheophytin a, and violaxanthin are pigment profiles in the leaves of mangrove plants of *R. mucronata*.³⁰ All identified pigments have strong antioxidant potential, especially as free radical scavengers and Nrf-2 stimulants. The mechanism of action of these pigments is by interacting with each other to inactivate antioxidant enzymes and inhibit the expression of oxidative stress proteins.³⁰

Antidiabetic activity of *Rhizophora mucronata*

Measurement of mice blood glucose levels was done using the oral glucose tolerance test (OGTT) method. The results of the calculation of the percentage reduction in blood glucose levels of mice in each treatment group, namely negative control, positive control, methanol, dichloromethane, and ethyl acetate leaf extracts of *R. mucronata* are presented in Table 4.

According to the results in Table 4 and Figure 3, the positive control glibenclamide (dose of 10 mg/kg BW) had the highest percentage decrease in blood glucose levels in mice, followed by ethyl acetate extract in the D3 treatment group (dose of 1,200 mg/kg BW). Following that are methanol extract in treatment group D2 (dose of 600 mg/kg BW), and dichloromethane extract in treatment group D3 (dose of 1,200 mg/kg BW).

Table 1: Phytochemical content of extracts of methanol, dichloromethane, and ethyl acetate of *Rhizophora mucronata* mangrove leaves.

No.	Phytochemical Test	The extract and observations		
		Methanol	Dichloromethane	Ethyl Acetate
1.	Alkaloids	(+)	(-)	(+)
2.	Flavonoids	(+)	(+)	(+)
3.	Phenolics Compounds	(-)	(-)	(+)
4.	Steroids	(-)	(+)	(-)
5.	Triterpenoids	(+)	(-)	(+)
6.	Tannins	(-)	(+)	(+)
7.	Saponins	(+)	(-)	(+)

- = Absent + = Present

Table 2: The percentage of DPPH inhibition of methanol, dichloromethane, and ethyl acetate extracts of *Rhizophora mucronata* leaves and vitamin C at various concentrations.

Extract	Absorbance (357 nm)				Percentage of DPPH inhibition			
	20 ppm	40 ppm	60 ppm	80 ppm	20 ppm	40 ppm	60 ppm	80 ppm
Methanol	0.205	0.195	0.174	0.156	22.64	26.42	33.96	41.13
Dichloromethane	0.203	0.189	0.158	0.148	23.40	28.68	40.38	44.15
Ethyl Acetate	0.154	0.125	0.095	0.058	41.89	52.83	64.15	78.11

Vitamin C	Absorbance (517 nm)				Percentage of DPPH inhibition			
	2 ppm	4 ppm	6 ppm	8 ppm	2 ppm	4 ppm	6 ppm	8 ppm
Vitamin C	0.219	0.167	0.114	0.071	17.36	36.97	56.98	73.21

DPPH: 1,1-diphenyl-2-picrylhydrazyl

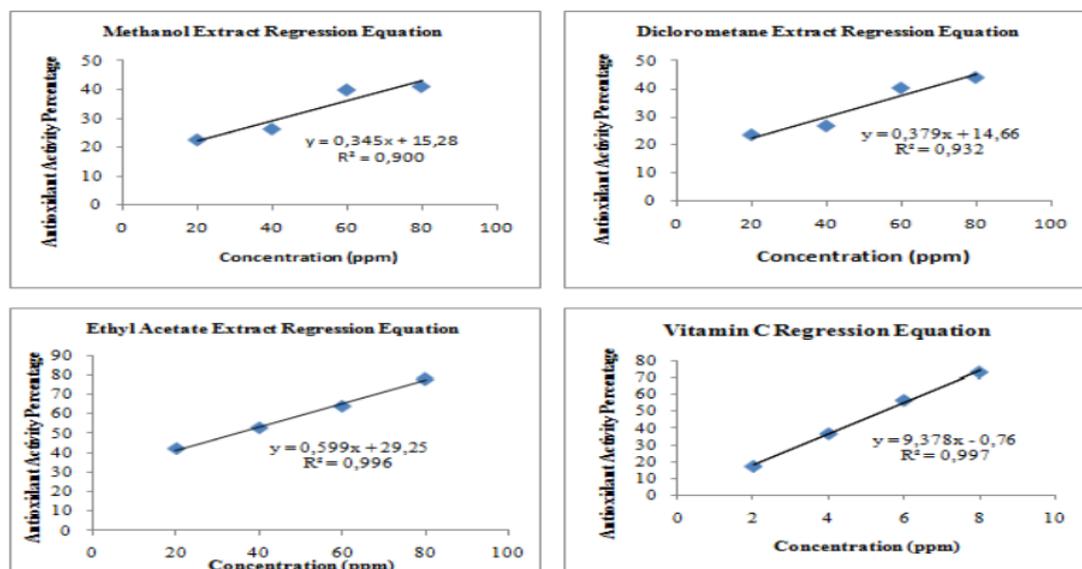


Figure 2: The graph of linear regression equation of methanol, dichloromethane, ethyl acetate extracts, and vitamin C

Table 3: The IC₅₀ values of *R. mucronata* mangrove leaf extracts and vitamin C determined by linier regression equation

Extract	Regression Equation	IC ₅₀ Value (ppm)
Methanol	$y = 0.345x + 15.28$	100.64
Dichloromethane	$y = 0.379x + 14.66$	93.25
Ethyl Acetate	$y = 0.599x + 29.25$	34.64
Vitamin C	$y = 9.378x - 0.76$	5.41

The highest decrease in glucose levels was observed in the positive control group (glibenclamide). This is because glibenclamide can stimulate pancreatic beta cells to secrete insulin and increase the sensitivity of peripheral cells to increased insulin levels.³¹

The decrease in mice blood glucose levels observed in treatment groups D1, D2, and D3 in methanol, dichloromethane, and ethyl acetate extracts of *R. mucronata* mangrove leaves is due to the content of secondary metabolites, such as alkaloids, flavonoids, steroids, tannins, and saponins contained in the three mangrove leaf extracts.³² These secondary metabolites are thought to have a role in reducing blood glucose levels in mice.³³ Mangrove fruit extract of *R. mucronata* with doses of 125, 250, and 500 mg/kg BW was able to reduce the blood glucose levels of diabetic rats.^{32,33} Compared to the treatment group that received mangrove fruit extract from *R. mucronata* species, glibenclamide at a dose of 5 mg/kg BW was more effective in lowering blood sugar levels.³² Flavonoids, steroids, saponins, and tannins are among the secondary metabolites found in the mangrove fruit extract of *R. mucronata* that are expected to lower blood sugar levels.³³ Alkaloids and saponins can have hypoglycemic effects because they can stimulate insulin secretion from pancreatic beta cells.³⁴ Flavonoids and tannins can reduce blood glucose levels by capturing free radicals and reducing the increase in oxidative stress that occurs in diabetes to control blood glucose.^{35,36} Secondary metabolites from ethanol extracts, chloroform, and mangrove root fractions of *R. mucronata* species showed antidiabetic activity.^{37,38} The mechanism of antidiabetic activity of mangrove bark extract of *R. mucronata* species is by increasing insulin

secretion, and restraining the digestion and absorption of carbohydrates.^{39,40}

Conclusion

The secondary metabolite compounds contained in the methanol, dichloromethane, and ethyl acetate extracts from *R. mucronata* mangrove leaves are linked to antioxidant and antidiabetic activities. With an IC₅₀ value of 34.64 ppm, the antioxidant activity of the ethyl acetate extract is classified as extremely robust. Furthermore, after 24 hours, the ethyl acetate extracts decreased blood glucose levels in mice by 57.64%. The ethyl acetate extract of the mangrove plant *R. mucronata* from Sambera beach, East Kalimantan has the potential to be developed as a natural antioxidant and alternative anti-diabetic therapy.

Conflict of Interest

The authors declare no conflict of interest.

Authors' Declaration

The authors hereby declare that the work presented in this article is original and that any liability for claims relating to the content of this article will be borne by them.

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Table 4: Percentage reduction in blood glucose levels of mice in the treatment groups after 24 hours

Treatment Group	Fasting Glucose Level (mg/dl)	Blood Glucose Level After IGM (mg/dl)	Blood Glucose Level After Treatment (mg/dl)	The Percentage of Blood Glucose Level Reduction (%)
Negative Control (CMC-Na 1 %)	85.7	-	-	-
Positive Control (Glibenclamide; Dose 10 mg/kg bw)	97.3	276	107	61.23
Methanol Extract				
D1 (<i>R. mucronata</i> Leaf Extract; Dose 300 mg/kg bw)	95.7	285.7	170.3	40.39
D2 (<i>R. mucronata</i> Leaf Extract; Dose 600 mg/kg bw)	97	276.3	158.3	42.71
D3 (<i>R. mucronata</i> Leaf Extract; Dose 1.200 mg/kg bw)	92.7	269	162	39.78
Dichloromethane Extract				
D1 (<i>R. mucronata</i> Leaf Extract; Dose 300 mg/kg bw)	99.3	276.3	224.4	18.78
D2 (<i>R. mucronata</i> Leaf Extract; Dose 600 mg/kg bw)	93.7	306.3	229.7	25.01
D3 (<i>R. mucronata</i> Leaf Extract; Dose 1.200 mg/kg bw)	99.3	259.7	178	21.81
Ethyl Acetate Extract				
D1 (<i>R. mucronata</i> Leaf Extract; Dose 300 mg/kg bw)	94.3	268	193	27.99
D2 (<i>R. mucronata</i> Leaf Extract; Dose 600 mg/kg bw)	96.7	274	178	35.04
D3 (<i>R. mucronata</i> Leaf Extract; Dose 1.200 mg/kg bw)	96	279.3	118.3	57.64

IGM: Induction of glucose monohydrate

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