



THE DANGERS OF CIGARETTE SMOKE, ESPECIALLY INSIDE THE HOME IN BUKIT RAYA VILLAGE

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INTRODUCTION

Based on Basic Health Research data 2018, the prevalence of smoking in the population aged 10-18 years was 9.1%, this figure tends to increase from 2013. Data found in the Bukit Raya Village community was 56% of 120 respondents smoked. Data on smoking habits in the house was 58.7%. Cigarette smoke that was wasted in the house would had a bad impact on the health of family members.



METHODS

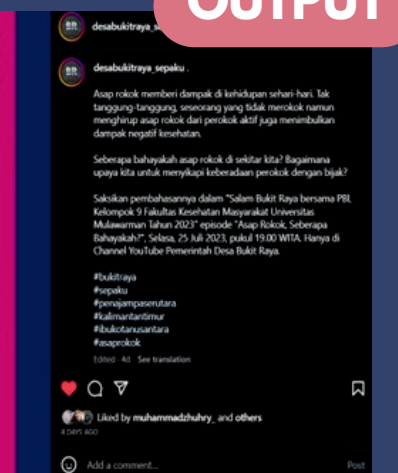


The program method was broadcasting the dangers of cigarette smoke with 2 informants from the Health Centre and also Village Staff which were then disseminated through the Bukit Raya Village platform such as Youtube, Instagram, Facebook, TikTok, and WhatsApp group. The target has been achieved was 60 respondents who were active smokers.

RESULT



The result of this program was the distribution of cigarette smoke danger broadcasts to provided information on the dangers of cigarette smoke by active smokers, then disseminated through various digital media platforms in Bukit Raya Village. Appreciation from the community was shown by giving liked and comments as well as further video distribution.



OUTPUT

DISCUSSION

From this program we saw how detrimental cigarette smoke was for passive smokers and also how cigarette smoke was from this perspective and it was hoped that this program could made people aware of the dangers of substances in cigarettes and the impact of smoking on the family and the environment



DOCUMENTATION



CONCLUSION

The danger of cigarette smoke broadcasts was the creation of media in the form of video broadcasts for the community containing discussions about active smoking behavior which was dangerous for active smokers and passive smokers and discussing how to created a smoke-free environment.



LITERATURE

1. Ministry of Health of the Republic of Indonesia. 2021. *Commemorating World No Tobacco Day, Ministry of Health Targets 5 Million People to Stop Smoking*. Jakarta
2. Basic Research Group 9 Field Study Experience Faculty of Public Health, Mulawarman University. 2023. Samarinda

